



Looking back on the coaching sessions you had with Cathy Robertson please describe what was most useful for you?

Looking back on these coaching sessions what might be improved for future coaching sessions with other participants like yourself?

- 1.
- 2.
- 3.

What key actions if any, have you taken as a result of the coaching sessions?

- 1.
- 2.
- 3.

On a 5 point scale (1/not useful – 5/very useful) how useful was the coaching experience for you?
(Please underline one)

1. Not Useful 2. Moderately Useful 3. Useful 4. Quite Useful 5. Very Useful

Would you recommend this type of coaching to others within your organisation?

Any other comments you would like to make?

